



## **Robyn and the Serez Family, Kitchener Waterloo Wellington**

### **Category: Caregiver Team**

**Submitted by family friend Christine, husband Philip and Care Coordinator Betty McKinnon  
from our Waterloo Wellington geography**

Robyn's care and compassion provides the right amount of support for Philip who at 54 was diagnosed with ALS and now, three and a half years later requires 24-hour care. She does this while allowing Philip the utmost control over his care needs.

Their four young adult children: Renee, Fiona, James, and Christian are incredibly supportive. Now grown-up and with their own lives, families and homes, they continue to visit often to help provide care and even take turns staying at their parents' home so that Robyn can have a few days away to rest and recharge. They all schedule their lives around the ever-growing responsibility of the caregiving role to allow Philip to remain at home and to support one another during family milestones, including their son's wedding in September 2023 and welcoming grandchildren.

Robyn shared recently that it is like a marathon and she is mindful they need to pace themselves. You cannot help but feel their warmth, dedication to each other, and inspiration as you walk in the door of their home. Their strength is shown through their faith and love for each other.



**In 2020, the Serez family took part in a documentary to share their story as they navigate this difficult season of their lives. In this, Philip refers to his journey and the “terrible delight of losing everything.” The family’s resilience and unconditional love radiates when you speak with them, and within this “terrible delight” they have found hope, joy and purpose.**