



Amanda Ramkishun

Category: Young Caregiver

Nomination was submitted by Donovan, brother of the nominee, in Toronto.

It has been a great pleasure getting to know, grow up, and live with my sister Amanda Ramkishun. She has always been someone who can be depended on as she strives to help others who may not be able to help themselves.

Amanda really defines what it means to go above and beyond as a young caregiver. Becoming a caregiver at the age of 18, she has provided 24/7 at home care for our dad who suffers from complex disabilities following a stroke in 2014. These disabilities impact his physical, motor, and speech capabilities.

Over the last 10 years, Amanda has demonstrated the ultimate service. She takes care of him with such care and compassion. She does it all regarding our father's care and because of her selfless dedication and kindness, she makes it possible for our dad to live and thrive at home. Without her, my dad would not be where he is today in his recovery and health journey. Amanda takes pride in what she can do for others, a quality of a great leader, and often puts others before herself.

Amanda consistently seeks out opportunities to make a positive difference in the world. Her selfless acts of kindness better the community she works and lives in. Her work has brought many joys and has helped to motivate those around her to do the same. While balancing our father's care and work, she was also working on completing her master's degree in disabilities studies and her bachelor's degree in sociology.

Amanda is an enthusiastic, motivated, and exceptional individual, which is demonstrated in everything she does. Amanda is very deserving of this Young Caregiver award as she is constantly finding ways to make the community she lives in better.